

# RULES



## 7° POLE EARTH

**TORINO**

**3-4 DECEMBER 2023**

**PoleEarth Italy – International Pole Dance Competition is a Pole Dance Virtude ASD project.**

**Contacts : [www.poleearthitaly.com](http://www.poleearthitaly.com)- [info@poledancevirtude.com](mailto:info@poledancevirtude.com)**

**Facebook pages : Pole Dance Virtude Associazione Sportiva Dilettantistica - Pole Earth**

**IG : Pole Earth**

**PoleEarth Italy – International Pole Dance Competition is an independent competition, supported by independent sponsors and sport supporters for development and promotion of pole dance.**

**Our aim is to introduce pole dance into mainstream dance and sports in Italy showing it as a new sport and artistic discipline and healthy lifestyle especially considering amateurs and semipro students and performers and to put together acrobats, dancers, athletes, pole fitness and artists is a great way to promote pole dance as a new sport and dance in Italy and in the World.**

## **CONTESTANTS CATEGORIES**

The competition is made out of one round and it is divided into **24** categories:

(Competitors will have the opportunity to test poles and stage area before competition)

**YOU WILL SIMPLY PARTICIPATE APPLYING AND PAYING THE REGISTRATION** until we have competitor's slots - **NO VIDEO ENTRY REQUIRED** (Video entry required only for SEMI PRO categories)

**Past Pole Earth Podiums or equivalent competition's podiums categories will have to apply to an highest category**

### **Women International Novice**

pole dance since max 1 year

No X-FLAGS, NO aerial dead lifts

### **Men International Novice**

pole dance since max 1 year

No X-FLAGS, NO aerial dead lifts

### **Women International Amateurs STANDARD**

They have been practicing pole dance for over 1 year to 2 years

NO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc)

YES simple inversion from straddle

### **Women International Amateurs PRO**

They have been practicing pole dance for MORE than 2 years

NO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc)

YES simple inversion from straddle

### **Men International Amateurs**

They have been practicing pole dance for over 1 year

NO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc)

YES simple inversion from straddle

### **Doubles International Amateurs**

They have been practicing pole dance for over 1 year

NO ALL dead lifts (from shouldermount, handspring and Brass monkey) NO figures with flight phase (fonji, flips, jumps on and out etc)

YES simple inversion from straddle

### **Women International Advanced**

They have been practicing pole dance for over 3 years

For teachers of classes **BASE ONLY, NOT PROFESSIONALS, NO TEACHERS FOR ADVANCED LEVEL**

All allowed movements

**Men International Advanced**

They have been practicing pole dance for over 3 years

For teachers of classes BASE ONLY, NOT PROFESSIONALS, NO TEACHERS FOR ADVANCED LEVEL

All allowed movements

**Doubles International Advanced**

They have been practicing pole dance for over 3 years

For teachers of classes BASE ONLY, NOT PROFESSIONALS, NO TEACHERS FOR ADVANCED LEVEL

All allowed movements

**XCATEGORIE International Amateurs**

They have been practicing pole dance for at least 2 years

**Masters +40**

Pole dance min since 1 year

**NO ELITE**

**Masters +50**

Pole dance min since 1 year

**NO ELITE**

**Juniors International Amateurs 6-10 yrs**

Pole dance minimum from 1 year

SAME RULES OF WOMEN AMATEURS

**Juniors International Amateurs 11-14 yrs**

Pole dance minimum from 1 year

SAME RULES OF WOMEN AMATEURS

**Juniors International Amateurs 15-17 yrs**

Pole dance minimum from 1 year

SAME RULES OF WOMEN AMATEURS

**Juniors International Adv/SemiPro 6-10 yrs**

Pole dance minimum from 2 to 5 years

Never won a similar competition



### **Juniors International Adv/SemiPro 11-14 yrs**

Pole dance minimum from 2 to 5 years

Never won a similar competition

### **Juniors International Adv/SemiPro 15-17 yrs**

Pole dance minimum from 2 to 5 years

Never won a similar competition

### **Women International Semi-Pro (VIDEO ENTRY SELECTION)**

Pole dance from 2 to 5 years or more

Participated at competitions semipro and never won one or sent a video with appropriate skill or are professional teachers – NO ELITE

### **Men International Semi-Pro (VIDEO ENTRY SELECTION)**

Pole dance from 2 to 5 years or more

Participated at competitions semipro and never won one or sent a video with appropriate skill or are professional teachers – NO ELITE

### **Doubles International Semi-Pro (VIDEO ENTRY SELECTION)**

Pole dance from 2 to 5 years or more

Participated at competitions semipro and never won one or sent a video with appropriate skill or are professional teachers - NO ELITE

### **XCATEGORIE International Semi-Pro**

Pole dance from 2 to 5 years or more

Participated at competitions semipro and never won one or sent a video with appropriate skill or are professional teachers - NO ELITE

**The jury reserves itself to move competitors from a categorie to an other after objectives considerations if one competitor asked for a wrong one.**

EACH CATEGORIE WILL BE FORMED JUST IN CASE OF MINIMUM 3 CANDIDATES WILL APPLY.

### **Show Area**

2 Poles THE POLE (static and spinning) diameter 45mm, height 4m circa, covered with THEPOLE GECKOGRIP. Distance between poles 3,5m. 2m to the end of the stage. If facing towards the stage, the left pole is static.

a third pole will be installed on sunday for the xcategorie

**FOR XCATEGORIES a 3RD POLE WILL BE INSTALLED during SUNDAY**

### **Medical Assistance during the Competition:**

A doctor will be on standby during the whole competition, an ambulance and medical staff will attend during the whole competition and rehearsals.



## Conditions

Contestant is a person, who meets the following conditions:

1. During the year 2023 will have 18 years; if on the event day the competitor will not yet be 18 he/she will have to produce parents authorization and a copy of a parent id; For minors they must be between 5 to 17 years during the 2023.
2. Contestant, regardless of nationality, needs to have a valid ID document (Passport, id card etc...); Minors will have to show parent s id for authorization.
3. An health insurance valid through out all competition is needed and shown; otherwise you will have to pay 10€ to be assured by ACSI for the competition.
4. Each contestant MUST know competition's rules and regulations; a sign in the application form is a confirm for it.
5. Before and during the whole competition contestants are not allowed to: drink alcohol, take or use any substance that change mind consciousness, take/use any forbidden stimulants, such as steroids etc...(any aberration of the rule will immediately disqualify the contestant);
6. Each contestant, after video entry qualification, or after subscriptions is formally confirmed has to provide organizers with music of own choice by MP3 or USB pen have to be provided when required on competition day ;
7. Competition is open to all contestants of all nationalities as well as dance schools, studios, organizations representatives as any other private representatives;
8. Before registration on Competition day all contestants need to apply to [www.poleearthitaly.com](http://www.poleearthitaly.com) or [info@poledancevirtude.com](mailto:info@poledancevirtude.com) providing the application form and (ONLY FOR SEMIPRO CATEGORIES) video entry link or readable file as below described in REGISTRATIONS .

**The participants must imperatively complete the form and send it by mail no later than OCTOBER the 15th , 2023 at midnight. OVER THAT TIME NO CANDIDATURES WILL BE CONSIDERED.**

**ATTENTION: ONLY THE PAYMENT OF THE REGISTRATION FEES WILL ENSURE THE PLACE AND THE PARTICIPATION** - the categories have a limited number of acceptable participants - First the registration is made and before you are sure to have the place!

**NOTE: IF CATEGORY PARTICIPANTS NUMBER LIMIT IS REACHED BEFORE THE DEATHTIME WE WILL ANYWAY CLOSE THE CATEGRY**

9. The finalists will be scored in accordance with SCORING CARDS during the competition in NOVEMBER.



## **PARTECIPATION FEES**

Participation fees for the Championship are the followings : !!!!CANDIDATURES AND VIDEO ENTRY COSTS ARE FOR 0 EUROS!!!

FEES FOR FINALISTS Euro 70- for single adult Euro 100 - for double Euro 55 – for juniors - XCATEGORIE each participant Euro 40

**The payment can be made immediately to confirm the place , the music and theme when the contestant is accepted in the competition s list and it is mandatory to be made as soon as possible by bank transfer or paypal address no later than the 30 october 2021 to the following bank details:**

UNICREDIT BANK

DENOMINATION : POLE DANCE ATTITUDE ASD

IBAN : **IT87E0200801109000102744043**

BIC SWIFT : **UNCRITM1EB0**

OR

PAYPAL

DENOMINATION: POLE DANCE ATTITUDE ASD – POLEART ITALY FEES Paypal address : [poledanceattitude@hotmail.it](mailto:poledanceattitude@hotmail.it)

**PLEASE INDICATE THE PARTICIPANT NAME IN THE PAYMENT TRANSITION**

## **REGISTRATIONS**

**Beginning of registrations (application form+video entry when needed): 1 FEBRUARY 2023;**

**Participants' deadline registration application form + attached video (when needed):**

15 OCTOBER 2023 at midnight;

**Publication of participants' final list: 20 OCTOBER 2023;**

**Sending MP3 audio track: 20 OCTOBER 2023;**

**Championship's Final Show : Torino 3-4 DECEMBER 2023**



### **Registration process:**

The registration is done downloading the registration form from [www.poleearthitaly.com](http://www.poleearthitaly.com) web site or requiring from [info@poledancevirtude.com](mailto:info@poledancevirtude.com) and sending it back fulfilled by email to [info@poledancevirtude.com](mailto:info@poledancevirtude.com).

Each SEMIPRO contestant must imperatively send the link to his/her uploaded "video entry" or the video itself video file.

Several tools are at your disposal to send video, such as WETRANSFER , **YouTube**, **Dailymotion**, etc.

**The duration should be at least 1:30 minutes.**

It is possible to upload your video as private so that only the persons having the link at their disposal can view it.

All other categories candidates as just to send the application form fulfilled : occasionally organization can ask for a candidate to send a video to evaluate the skill.

ATTENTION!

WE WILL ACCEPT ONLY A CERTAIN NUMBER OF COMPETITORS FOR EACH JUNIOR, NOVICE, AMATEURS, ADVANCED AND MASTERS CATEGORIES – BEFORE YOU SEND YOUR APPLICATION AND CONFIRM PAYING COMPETITION'S FEES AND BEFORE YOU ARE SURE TO BE PART OF THIS GREAT SHOW!!!!

### **Rules and Requirements for Entry Videos (SEMI PRO ONLY)**

Video must be well lit, with performer and poles easily visible

Applicants are required to use two poles; 1 static, 1 spin, and must demonstrate trick combinations on both

Video must not include or show any other person than the applicant

Video length must be a minimum 1:30 mins

Video cannot be edited in any way; it must show continuous dance performance of the applicant (eg: may not fade in from one trick and out to another).

Video must be upright for viewing – not sideways

Video: production, music etc... must be royalty-free.

Pole earth Italy does not take responsibility for copyright issues and whatever claims against the video are made will be passed on to the applicant.

### **OMG THEY SELECTED ME!!! WHAT SHALL I DO NOW?!?!? (SEMI PRO ONLY)**

**When chosen for the competition music must be sent in MP3 format directly to [info@poledancevirtude.com](mailto:info@poledancevirtude.com) with the payment confirmation receipt before time terms upon indicated.**

Applicants will just have to follow the instructions given upon sending their application. The selected performers will be asked to send their lights and performance details.

**By filling out and signing the application form, the participants agree to the Conditions and terms of the organizer and to the General rules outlined below.**

**For each categorie the organization will select 3 more participants in "waiting list" so to include them if one or more participants will delete their presence because injury, health problems ecc.**

**When needed organization will advice by email the participants "re-included" before 15 october 2023**



## **PRIZES**

### **Men International Novice**

1° Place – Trophy + A Pole Dance Virtude Camp discount 20%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Women International Novice**

1° Place – Trophy + A Pole Dance Virtude Camp discount 20%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Doubles International Amateurs**

1° Place – Trophy + A Pole Dance Virtude Camp discount 20%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Women International Amateurs**

1° Place – Trophy + A Pole Dance Virtude Camp discount 20%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Men International Amateurs**

1° Place – Trophy + A Pole Dance Virtude Camp discount 20%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Men International Advanced**

1° Place – Trophy + A Pole Dance Virtude Camp discount 25%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Women International Advanced**

1° Place – Trophy + A Pole Dance Virtude Camp free

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes



### **International Advanced**

1° Place – Trophy + A Pole Dance Virtude Camp discount 25%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Masters +40**

1° Place – Trophy + A Pole Dance Virtude Camp free

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Juniors International Amateurs 8-10 years old**

1° Place – Trophy + A Pole Dance Virtude Camp free

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Juniors International Amateurs 11-14 years old**

1° Place – Trophy + A Pole Dance Virtude Camp discount 25%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Juniors International Semipro 15-17 years old**

1° Place – Trophy + A Pole Dance Virtude Camp discount 25%

2° Place - Trophy + Coupon for 1 workshop @ Pole Dance Virtude 3° Place - Trophy + Sponsor Clothes

### **Women International Semi-Pro**

1° Place – Trophy + A Pole Dance Virtude Camp free + 1 workshop @ Pole Dance Virtude 2° Place - Trophy + Coupon 2 workshops @ Pole Dance Virtude

3° Place - Trophy + Sponsor Clothes

### **Men International Semi-Pro**

1° Place – Trophy + A Pole Dance Virtude Camp free + 1 workshop @ Pole Dance Virtude 2° Place - Trophy + Coupon 2 workshops @ Pole Dance Virtude

3° Place - Trophy + Sponsor Clothes

Pole Dance Virtude Corso Casale 198 - TORINO [info@poledancevirtude.com](mailto:info@poledancevirtude.com)

## **Double International Semi-Pro**

1° Place – Trophy + A Pole Dance Virtude Camp free + 1 workshop @ Pole Dance Virtude  
2° Place - Trophy + Coupon 2 workshops @ Pole Dance Virtude

3° Place - Trophy + Sponsor Clothes

**Special Prize POLE DANCE ATTITUDE MEMORY - Student's Stage for 300€**

## **EVENT'S PLAN**

(organization can modify the plan when needed with a reasonable advice)

**Friday 2 december 2023**

**Rehearsals for all categories – IN ARRIVE ORDER from 13 to 19.00**

**Saturday and Sunday competition order to be defined and published on FB pages**

## **Judging Rules**

### **General Rules**

The participants will be judged in two aspects:

- **1) Technical part**  
Correct execution of pole tricks, mastery on pole, strength and flexibility. Originality in execution and in and out from figures will be awarded with bonuses points in SCORING CARDS. Bonus points will be also awarded with innovative new moves and figures shown.
  
- **2) Artistic part**  
Capacity of expression, scene presence, costume, creativity, fluidity of transitions, floor work, costume- music consistency, choreography. A performer who will show an elaborated coreo on the poles will be mainly awarded than on the floor. The “Pole Artistic” value is the most important.

**Couples will be judged based on the below criteria:**

- a) Originality, mastery and fluidity of pole tricks and transitions.
- b) Right execution of the “tricks” and “combos”.
- c) Level of difficulty of the “tricks” and “combos” of both participants.
- d) “Tricks” and “combos” synchronization.
- e) Clear harmony between movements of both partners.



#### **Elements that will be most appreciated**

- a) The “routines” where the dancer will show a nice balance between tricks in strength and flexibility.
- b) The cleanliness of tricks as well as the fluidity of the transitions.
- c) Originality describing a story or a mood in the “routines”.
- d) New tricks and innovative combos in and out on the pole.
- e) Musicality consistency during the execution.
- f) Feelings and sensations expressed according the performance and coreo

#### **It is formally prohibited to**

- a) Undress on the stage.
- b) Show, touch or caress intimate parts of the body, breast and bottom
- c) Have an extremely sensual or vulgar attitude during the performance.
- d) Express anti racial or intolerance attitude against competitors, competition, jury or organization during , before or after the performance
- e) Interrupt the performance, except in case of discomfort or default of the equipment.

Each Judge will be provided with the following SCORING CARDS and provide it fulfilled back to the headjudge at each “routine” end;

Judges will judge contestants from 1-10 (average is divided by amount of judges);

The contestant with highest number of points will win 1,2,3 place.

Judges can stop the performance at any time if they think the contestant is at health risk or safety problems, or if the contestant is not obeying to the rules;

Judges aren't obliged to comment on the marks they gave to contestants : judges make the final results;

Winners will be announced in 20 minutes after the final's end.

Before the competition and during it is not allowed for contestants to stay in contact with members of jury.

**WHO WILL USE NOT ALLOWED SKILLS OR TRANSITIONS FOR HER/HIS CATEGORIE WILL BE PENALIZED FROM 10 TO 30 POINTS**



**SCORING CARDS (schede di valutazione partecipanti)**

Name and Surname – Judge

Name and Surname – Contestant

<b>Artistic section</b>	<b>Max Points</b>	<b>Points assigned</b>
Originality of the character / item brought to the stage – Interpretation	10 points	
Clothing, accessories, hairstyle and make up - Consistency with the staged	10 points	
Floorwork Coreo	10 points	
<b>Execution section</b>	<b>Max Points</b>	<b>Points assigned</b>
Lines Cleaniless/flexibility	10 points	
Dynamic/Strenght	10 points	
Quotient total expressive – how performance has impacted on the public and on the judge	10 points	
<b>Penalità*</b>	<b>Punteggio Massimo</b>	<b>Punteggio</b>
Costume s problems	-5 points	
Falling or slipping	-5 points	
Sexual acts or moves	-5 points	
<b>BONUS</b> for originality tricks or entering and exit from figures	<b>+5 p</b> oints	
<b>TOTAL POINTS</b>		

## PERFORMANCE REGULATIONS

- 1) The duration of the choreography must be no less than 2:30 minutes and no more than 3:00 minutes for all categories EXCEPT SEMI PRO.  
SEMIPRO Men and Women have min. 3:00 minutes and max 3:30.  
DOUBLES (all categories) can have min 3:00 minutes max 4:00 minutes length.  
NO MUSIC TIME EXTENSIONS WILL BE ACCEPTED – ANY INFRACTION WILL BE PENALIZED BY THE JURY
- 2) Each participant must provide, the day of competition, his own music in usb pen.  
Music can be with or without words. If any contestants choose the same music, contestant who sent it first in the application and regularly completed the subscriptions indications gets the privilege to use it; the other contestant has to change.  
Original mixes or combination of several songs is allowed, as long as the final performance music is supplied as one entity.
- 3) It is formally forbidden to be naked on scene: every costume is individual however topless, underwear such as thong or any erotic lingerie is forbidden; men are allowed to show upper body naked.
- 4) The choreography should not show indecent or with too much erotic connotation gestures. No touching or rubbing intimate body parts. No twerking. All these gestures will be sanctioned by the jury.
- 5) Gripping clothes such as latex, leather or any other similar material are not allowed in this competition. During performances is not allowed to take off any clothes if by taking off contestant will show any form of not suitable nudity or if removing clothes contestant will show herotic or sexual gestures.  
It is however allowed to take off parts of costume if this is not in contradiction with upon described and it is possible to remove parts such as: coat, mask, jacket, skirt (if after removing the contestant will remain properly dressed) and it is allowed for men to remain with upper body naked.  
Any kind of not suitable nudity will immediately disqualify the contestant. Hair and accessories shouldn't bother the performance.  
Bio tattoos, henna tattoos, bodyart, makeup are allowed as long as these don't dirty other contestant, area and poles.  
Not allowed to use liquids, fires, needles, etc...
- 6) The outfit must be correct (dissent). Body, Shorty (covering the bottom), adequate bra (covering the breasts). Strings and bikinis with transparency in the intimate parts are strictly forbidden.
- 7) High heels shoes with or without platform are authorized in this competition. Shoes and slippers of dance, or sports, are also permitted. Competitors can also execute their performance barefoot. Only the boots and ankle boots above the ankle are prohibited, because of the advantage they provide in terms of grip. Hand gloves or hand supports are forbidden (allowed just if there is a medical certification for hands sweat)
- 8) All the participants must be available for photo or video shoot at any moment during the period of the competition and authorize the use of their image.
- 9) The judgment of the jury is irrevocable.  
The performance can be repeated:  
If any technical problems occurred not caused by the contestant  
If any technical problems with the music occurred

- 
- If contestant stopped because of technical problems with the poles not caused by him/her. Jury takes anyway the final decision regarding the repetition of a performance.
- 10) It is forbidden to apply any kind of grip on the pole, but the candidate can apply it on his/her self. It is also forbidden to use any kind of body balms, lotions or creams that can break the equipment (poles) or can make poles slippery for other contestants use.  
List of grips accepted during the competition: Dry Grip, Dry Hands, Mighty Grip, Ebonite, Itac.
- 11) Organizers have the right to:  
To record the championship and have all the rights to distribute the material. To eliminate videos or photographs that is of not suitable material.  
The organizers reserve right to change rules & regulations of Pole Heart Italy at any time.  
The organizers are obliged to give judges and press special places in the theatre.  
Organizers don't take responsibility for the loss of things of the contestants on the day of the competition.

## **REASONS FOR DISQUALIFICATION OR FOR NOT ACCEPTING A PERFORMER**

**The jury may disqualify or not accept any participant for one of the following reasons:**

- 1) In case of false given information on the registration application.
- 2) In case of non-sporting behavior or attitude.
- 3) In case of indecent outfit.
- 4) In case of execution of inappropriate gestures or with unadequate erotic connotations (including completely undressing on scene).
- 5) In case of public declarations with prejudice against the Pole Dance, against the Competition or the Federation or the Organizers.
- 6) In case of public declarations with prejudice against the sponsors, the judges, Organizers or against other participants.
- 7) In case of appeal to the juries decisions,
- 8) In case of drugs.
- 9) Any entrant failing to show up in the event or cancelling his/her participation less than 30 days prior to the event will be excluded from participating in any Pole Art events for the following two years. The only exception is an illness verified by a doctor.

•

•

**GOOD LUCK!!**